# Fall 2015 ★ District 3

# Roadrunner

## Where Arizona's Leaders are Made

## What's Inside This Issue


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- Q&A with Grandpa T
- Find the Word of the Quarter Challenge
- Fall Conference Flier—*Register NOW!*


Proxy Form In Centerfold

## Honoring Ralph Smedley

Training at the Int'l Convention in August reminded me of training in years past. In June of 2009 district officers were trained at region conferences. District 3 officers were confined to a room where they were given a torrent of information in Austin, Texas. At the luncheon, the speaker was introduced as someone who had served as International Director in 1965, the year that our founder, Ralph Smedley, passed away.

He shared his memories of that time and Dr. Smedley, relating how the International Directors were informed that Ralph was in the hospital and not expected to live much longer. Each International Director was invited to visit the hospital to speak with him one last time. Our speaker shared the conversation he had and the final words Dr. Smedley spoke to him. "It's all about the member! Never forget the member!"

For me, those words will always be unforgettable. They are what motivates me. We honor the memory of Ralph Smedley whenever we serve our fellow members. When we invite our *oikos*, those seven to fifteen people we associate with, to a club meeting, his memory is honored. When we set goals each toastmaster year and strive to complete our manuals, we honor his ideals. When we serve as club officers, receive training at Toastmasters Leadership Institute, and work for the success of our fellow members, we are honoring his legacy.

Mentoring a member, encouraging achievement and participation in speech contests, we create our own legacies in his honor.

Have you set personal and club goals for this toastmaster year? By continuously improving, completing one new manual, participating in one new committee, serving in one new club office, you develop new capabilities to be used in the service of others. Because, as Dr. Smedley said, it is all about you, the member.

Jeff Morud, DTM, DD

**Hello District 3 members!**

I am so excited to be your first Program Quality Director, (PQD). My role: to ensure that you have a quality club by having officers training, (TLI) and trained Area Directors. We will be focusing on members needs and why they joined Toastmasters. Just returned from Las Vegas where we had 2 days of training from TI Headquarters. They gave us some great tools to pass on to you to help with your club quality, Best Practices and a Standard Agenda for helping solve clubs issues.

Club's Humorous speech contests have been under way since the beginning of August. Congratulations to those of you going on to the Area contests, which will be held throughout the month of September. For contest dates go to www.aztoastmaster.org click on events. Support your club's speaker—attend the area contest. Be a functionary! Division contests will be on Saturdays in October. District contest will be held at Fall Conference on Sat. November 21, 2015.

I invite you all to attend District 3 Toastmasters Round-up. Fall Conference November 21 & 22, Friday night fun night on November 20th. It's being held at RANCHO de los CABALLEROS, a Dude Ranch Resort, Spa and Golf Club. 1551 S. Vulture Mine Rd., Wickenburg 85390. Thank you, Bettie Covington for finding this great location. Friday night fun night will be a hayride and a bonfire. We will kick off Saturday morning at 8:00 am with a fun Division roll call. Make sure your Division has the most members in attendance. The rest of the day will be filled with fun and educational sessions, HOF Luncheon, Business meeting, dinner, DTM ceremony and close the night with Humorous Speech Contest. Sunday morning Leadership breakfast Keynote Speaker International Director Ede Ferrari-D'Angelo, DTM Dust off your boots and hats and let's Round-up those Toastmasters.

feel free to contact me at pqd@aztoastmasters.org or 602-403-7006.

Respectfully, Jan Byrd, DTM , PQD

**Commit To One**

Enid Moore-Cranshaw, DTM, CGD

*Fellow Toastmasters. My challenge to you is to commit to completing one goal this year.*

**Complete one:**

- Competent Communicator Manual
- Advanced Manual
- Competent Leadership Manual
- Youth Leadership
- High Performance Leadership
- Leadership Excellence Series
- Better Speaker Series
- Successful Club Series
- New Club Sponsor
- Club Mentor
- Club Coach

Not only will you enhance your personal leadership and communication skills, but help your club be distinguished and help the District be distinguished.

One goal may appear to be small, but imagine.... Club Sponsorship may be the only thing separating you from accomplishing your ultimate goal of becoming a Distinguished Toastmaster (DTM). Not only will you receive a DTM, but if you Sponsor a club from conception to charter, you will receive free conference. (You develop the lead and work the lead until the club is chartered).

This year I commit to completing one Competent Communication Manual. I challenge you to match me by committing to complete one goal. Which one will it be? One Competent Communication Manual, one Competent Leadership Manual, one club sponsorship, or one new member sponsorship. Commit to One.

# District 3 Toastmasters
# Fall Conference Nov. 21 & 22

Register and pay online with a credit card at
www.aztoastmasters.org/conference

## Fall Conference Agenda

**FRIDAY NIGHT, Nov 20th**

| | |
|---|---|
| 6:00 pm | Registration and Credentials Desks open |
| 7:00 pm | Hayride and Bonfire (Hotdogs & S'mores) |

**SATURDAY, Nov 21st**

| | |
|---|---|
| 7:00 am | Registration and Credentials Desks open |
| 8:00 am | Opening Ceremonies & Keynote Speech |
| 9:30 am | Educational Breakout Sessions |
| 10:30 am | Educational Breakout Sessions |
| 11:30 am | Hall of Fame Lunch |
| 1:45 pm | Educational Breakout Session |
| 3:00 pm | District Council Meeting |
| 5:30 pm | First-Timers and Social Reception |
| 6:30 pm | Dinner |
| 7:30 pm | DTM ceremony |
| 8:30 pm | Humorous Speech Contest & 30/10/10 Raffle |

**SUNDAY MORNING, Nov 22nd**

| | |
|---|---|
| 8:30 am | Leadership Breakfast |
| 9:00 am | Keynote Speaker |
| 12:00 pm | Checkout |

△ No outside alcohol 🍸 in formal toastmaster education, meeting and dining areas

**Meeting Theme:**

District 3 Toastmasters Round-up

RANCHO de los CABALLEROS

1551 S. Vulture Mine Road
Wickenburg, AZ 85390

Rooms from $110 - $139 per night!!*
1-800-684-5030 or 928-684-5484
REGISTRATION CODE: Toastmasters

* Room rates good through Nov 6th and do not include tax or 15% gratuity charge in lieu of tipping. Advance room reservation deposit required.

This beautiful Ranch Experience[1] is a great place to bring the family** as you relax and spend time on self improvement.

- Horseback Riding 🏇
- Golfing 🏇
- Full Spa 🏇
- **Free** kids camp (ages: 5 –12)

🏇 Horseback Riding, Golf and Spa activities are on your own and are separate and additional costs from the conference fees.

** No pets allowed.

[1] Advance room reservation deposit required

# District 3 Puzzler

I D F U O P J V Z Z R X L B B

U V Y R I K S Z U B S A F O O

E I O E W Y G B T A N Y E Z V

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U N A P N H A T L L M Y Z I N

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V F G J R M S R L E A D E R V

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U G T X E K A S D M I F G Z A

F N U D Y T I S T F M M J Q L

I H L J Z N V O F E V A E H K

R E N N U R D A O R R H R R Q

Y U F E O R V P Q X G S J G R

COMMUNICATION
EVALUATE
GRAMMARIAN
INTERNATIONAL
LEADER
RALPHSMEDLEY
ROADRUNNER
TALLBOY
TIMER
TOASTMASTERS

**Mohave Division's newest club** - *Route 66 Petrified Talkers* in Holbrook chartered on June 1, 2015. By cultivating a club lead from District 3 Leaders, Rim Talkers members formed Demo Teams for the Navajo County employees. Monthly group trips from Show Low to Holbrook started in February culminating at the end of May with 21 applicants coming together at the Navajo County Public Works Complex taking steps on creating a name. Watching the excitement of soon to be members throwing names out...one of the club mentors was writing as fast as he could, then the names stopped - voting started and all of a sudden a new combined name came out on top. You have to know the geography of where the club is located to truly understand the name...club consists of Navajo County employees working in Holbrook (enter from SR77 onto Code Talkers Road - more history). Route 66 goes right through the center of town - north of the facility. Petrified Forest National Park east of Holbrook...you put those two together and you have Route 66 Petrified Talkers...great play on words.

Formal chartering ceremony conducted September 17 brought together District 3 Leaders: Jeff Morud, Jan Byrd, Joan McCarrell and Sharon Tewksbury-Bloom with the two club mentors Ron and Marty La Mar. Celebrating a new beginning for Mohave Division & District 3!

**What else is new in the Mohave Division?**

- Clubs are on the move to free facilities. Rim Talkers now meets at NPC in Show Low on Wednesday evenings, Toast of Flagstaff moved to United Way in Flagstaff Wednesday Noon and NAU Toastmasters (formerly Star Gazer) meeting at NAU.
- Two months into the Toastmasters year, our membership continues to grow throughout the Smedley Membership Campaign.
- Summer TLI concluded in Flagstaff on August 8 with a fantastic quantity of club officers talking in training at NAU.
- Mohave Area Humorous Speech Contests at NAU in Flagstaff on September 29. Mohave Division Speech Contest at Flagstaff Medical, McGee Auditorium, Flagstaff on October 31. Additional details on the D3 Calendar.

Stay tuned for more updates from the Mohave Division...the division where everything is new!

Joan McCarrell, DTM, Mohave Division Director 2015-2016

**Please help us welcome International Director**

## Ede Ferrari D'Angelo, DTM to District 3!!!

**Ede will be joining us in November for Conference and bringing her unique brand of humor, insight and vision as she shares a weekend with us in Wickenburg. She is looking forward to her first hayride along with experiencing what many say is one of the best district conferences is Toastmasters! International Director, Region 10**

**Ede Ferrari D'Angelo, DTM,** of Orange, California, is a senior manager in the retail industry, responsible for human resource development and marketing and sales. She holds a bachelor's degree in speech communication with an emphasis on intercultural communication from California State University Fullerton in Fullerton, California.

A dedicated Toastmaster for 27 years, Ferrari-D'Angelo is a member of two clubs, including the Anaheim Breakfast club in Anaheim, California. She has held a number of distinguished leadership positions within the organization and has attained the Distinguished Toastmaster designation—the highest level of achievement in Toastmasters.

She says, "I have learned that what people want most from a leader is fairness, honesty and forthrightness. They want a leader who will create an environment where they can take risks, grow and contribute."

As a member of the Toastmasters International Board of Directors, D'Angelo is a "working ambassador" for the organization. Serving on the Board, she develops and supports the policies and procedures that guide Toastmasters International in fulfilling its mission.

# Return on Investments

In this uncertain economy, a return of any kind of an investment is most welcome. The same is true in life. We are taught from a young age, the more you put into something the more you can expect to get in return. This old adage does not always play out that way. For example, someone may pour their heart and soul into an organization for years only to find their career gone in a heartbeat due to a corporate merger or outsourcing. Someone may spend years working on a relationship only to have it destroyed over a silly misunderstanding. How depressing. That's why I don't want to talk about it. You can watch the News or catch a show or movie on Lifetime Network if you want to keep hearing stories like that.

What I want to discuss is the return on investment that Toastmasters has given me. When I first began my journey, I was hoping to become a better speaker and improve my leadership skills. I had no idea how much I would learn and benefit from this organization. The level of talent and the wealth of experience is astounding. This is only surpassed by the willingness and generosity of members to share their time and talent with whomever asks. As I have expanded my involvement in Toastmasters outside of my local club, the return has been outstanding. I have developed so many wonderful friendships because of Toastmasters. I find myself surrounded by positive and uplifting individuals who encourage me to be the best that I can be. It makes me strive to be a better person and willing to keep on going even when the going gets tough.

So if someone was to ask me about a surefire investment, I would suggest a time machine next to a race track. Oh well, since that's not possible, join Toastmasters. It gives you an OUTSTANDING return on your investment.

Supercalifragilisticexpialidocious

***Gary Bullock, ACB, ALB***

***V4 Area Director***

# Build a bridge to your members with the Summary/Bulletin Challenge!

Three winners
chosen
every quarter!!!

1st Place: Pack of 4 Competent Communicator Manuals!
2nd Place: Table Talk or Word of the Day Set!
3rd Place: Club Ribbon Set!

When your club sends a regular Summary or Bulletin to its members, it keeps them connected. When members feel connected, they stay active! That means strong clubs!!

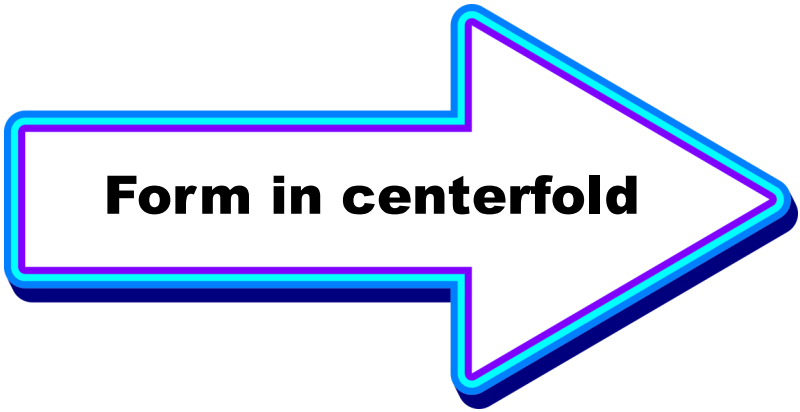
**Check in with your members after every meeting! It works!!!!**

I wish I heard from my club now and then....

*DISTRICT COUNCIL MEETING*

# *PROXY FORM*

**Carefully Remove Form from Staples**



# DISTRICT COUNCIL MEETING
# PROXY FORM

**District Number:** 3 **District Council Meeting Date:** November 21, 2015

At the district council business meeting, each club president and vice president education in attendance is entitled to one vote. However, if either or both officers cannot attend, they may designate, in writing, any other active member of their club to act as a proxy or proxies for their club by using this form. No other proxies are valid at this meeting, per District Administrative Bylaws Article X: Council Meetings, Quorum, Proxies, and Voting, Sections (d) Proxies and (e) Voting:

> In the event one of those officers is not in attendance at the meeting and has not designated, in writing, an active individual member of the club to act as his or her proxy at such meeting, the officer **or proxyholder** in attendance shall be deemed to hold the proxy of the other and may therefore cast two votes at such meeting.
>
> Each member of the district council in attendance at a council meeting, or his or her proxy as authorized by subparagraph (d) hereof, is entitled to one vote. Any active individual member who carries the proxies of both the club president and vice president education from a member club is entitled to two votes; and any such individual member who is also entitled to a vote as a member of the district executive committee is entitled to three votes. All other members of the district council shall be limited to a maximum of two votes.

Date:_____

Club name:_____

Club number:_____

Your name:_____

Officer position: _____

**Club president or vice president education:** indicate your duly authorized proxy below (must be an active member of your club).

Member name: _____

Date:_____

**This form must be submitted to the Credentials Desk at the District Conference to obtain ballot(s).**

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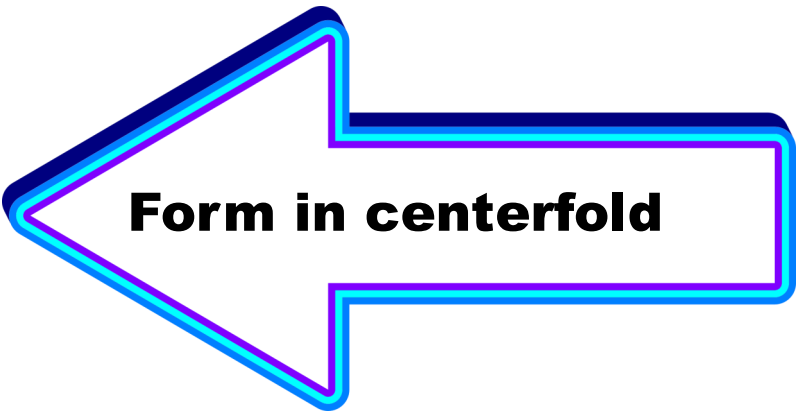
Rev 10/2014

*DISTRICT COUNCIL MEETING*

# *PROXY FORM*




**Carefully Remove Form from Staples**

# Your Club has a chance to win...

# FREE TOASTMASTERS MONEY

***Be automatically entered into your club's division drawing for...***

***$50 Toastmasters International Gift Card***

***It's as easy as maintaining the same or additional number of paid members the club had as of June 30, 2015***

***Questions?***
***Contact Kathleen Pickrel***
***kpickrel@comcast.net***

TOASTMASTERS INTERNATIONAL


# District 3 Puzzler Solution

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(Over,Down,Direction)
COMMUNICATION(3,5,E)
EVALUATE(1,10,N)
GRAMMARIAN(14,15,NW)
INTERNATIONAL(1,13,NE)
LEADER(9,9,E)
RALPHSMEDLEY(12,4,SW)
ROADRUNNER(10,14,W)
TALLBOY(6,12,NE)
TIMER(10,10,SE)
TOASTMASTERS(1,4,SE)

## Q&A With Grandpa T

(Grandpa T has been a Toastmaster from the very beginning and has seen everything Toastmasters has to offer. He has graciously agreed to do a column here through an assistant, because his arthritis keeps him from being able to type at a decent rate of speed.)

***Q: Grandpa T, some speakers in my club go over time on their speech even though they see the red light of the timer. What can my club do about this?***

***Bob Selznick***

A: Bob, this is a problem we never had to deal with in the old days. In the old days, we respected each other and each other's time during the meeting. Every once in a while someone would go on and on and one of us veterans would haul off and throw a brick at the malcontent! Let's face it, when you get hit in the head with a brick, you stop speaking!!!! Hehehe, those were the days. My home club was down the street from a construction site and we would all pick up a brick on the way to the meeting. Bricks are generally red you see, and red, just like your fancy stop lights in the meeting today, red means stop. Well, they would stop alright! I hope this helps, Bob, and thank you for writing in.

***Q: Grandpa T, we sometimes struggle seeing the Word of the Day at my club. How can we display the word so everyone can see it?***

***Phillis Glass***

A: Phillis I have one word for you; Chalkboard. In my day we always wrote the word on the chalkboard and everyone could see it. These days, everyone thinks they have to use these fancy computers for everything. Well, I've got news for you Phillis. We got along just fine before these fancy computers and we will do fine again when they are gone!!!! Just get your club to invest in a good sized chalkboard and some colored chalk. Then everyone will be able to see it and you don't waste paper! Paper doesn't grow on tree you know. Thanks for writing in.

***Yes, you read that right—we left this blank for you to contribute something.***

What would you like to see next time in ***your*** quarterly Roadrunner Newsletter?

We are now looking for content for the Winter 2015 Newsletter. Articles we will consider include: Division Updates, Area Reports, Club News and Views (limit to approximately 200 words), questions for Grandpa T, a new District 3 Puzzler, contests, and other news of note.

Of course, we will always include our regular features, including articles from the Trio and TI announcements.

Note: Space is Limited and on a first come, first served basis, so submit your ad or article ASAP to: prn@aztoastmasters.org.

**WE WANT TO HEAR FROM YOU!**

# CLUB News &

**Try Giving a Speech in a Foreign Language at La Voz de Oro**

Phoenix is home to one of the very few bilingual Toastmaster Clubs in America, La Voz de Oro which translates to The Voice of Gold (or The Golden Voice). La Voz de Oro is one of the oldest clubs in District 3 with nearly 35 years of continuous meetings

Normally the native Spanish speakers in this club give their speeches in English and the native English speakers give their talks in Spanish. The Table Topic questions are in asked in both languages and the respondent can decide on the spot which language to use for the answer. Historically, the membership has been split almost evenly between English and Spanish speakers. Currently the club has one member from Columbia, several from Mexico and the club president is from Venezuela. The three DTMs in the club provide stability and excellent mentoring.

La Voz de Oro meets on the first and third Wednesdays of every month at 7 p.m. at Phoenix College. On the months that have five Wednesdays, club members gather at a Mexican restaurant for a social dinner. Our schedule with photos and notes are on our website, lavozdeoro.org

La Voz de Oro is an open club and welcomes everyone who wants to practice his or her second language (as long as it is Spanish or English). **So please join us for a fun evening. Hasta Pronto!**

views

## LEADERS FOR TOMORROW
## Toastmasters Club 01573915

- What does the Club Growth Director do?
- How do I start a mentoring program?
- Where can I get information about tools to help me lead in District 3?

The mission of Leaders For Tomorrow Toastmasters is to touch the heart, challenge the mind and extend our hands to help grow the future leaders of District 3. Our focus is on YOU! Attend a meeting and leave with tangible, tactical, practical tools and information to sharpen your leadership skills. Prepared speeches and Table Topics offer insight into district leadership positions from those who have served and are serving now. Meeting agendas are structured to ensure you receive resources, find answers, and develop the mindset to realize your full leadership potential.

In a recent meeting, Immediate Past District Governor, Hallie Adams opened the meeting with encouragement for leaders to remember their playful side, to set aside time every day to play, have fun and laugh. Brittany Randall, N5 Area Director, presented a thoroughly researched presentation regarding the qualifications, duties and opportunities of the executive office, Club Growth Director. Suzanne Yager, D3 Club Growth Committee member, told the tale of the "The Great Mentor" highlighting the critical aspects of effective mentorship. Tammy Gallagher, D3 Distinguished Club Program Committee Chair offered Table Topic Speakers the opportunity to provide 1-2 minute coaching sessions with fictional club, area and division leaders through role play challenges.

Upcoming meeting agendas will focus on reaching into the Toastmasters Toolbox to discover the many and varied resources available to members and leaders.

Leaders For Tomorrow – we are leaders working together with future leaders to build a strong successful team. We meet on the 1st and 3rd Tuesday of each month, Mimi's Café, 21001 N. Tatum Blvd. Phoenix, AZ 85050. Come join us!

# MORE CLUB News &

**Roadrunners Toastmasters**

Leadership! It is a wonderful path that we take in the Toastmasters journey. Many clubs are successful in the leadership track, but do your members *think outside the club* when they are planning their leadership goals?

Roadrunners Toastmasters, Club 3850 does! Roadrunners has many members who have filled leadership roles in the past in the area, Division and District, including committee members for the Fall 2014 Conference as well as the Spring 2015 Conference, TLI, and more; but they have **current** leaders as well. Roadrunners boast a current Division Director, Area Director and a Club Extension Committee Member for our current Club Growth Director!

Roadrunners is proud of the leaders produced from this club, and will continue to grow members into leadership roles which will benefit Toastmasters everywhere.

So get your members to *look at the big picture*, and begin thinking about leadership *outside the club*!

Dare I even encourage my fellow Toastmasters to consider ***International Leadership***??? District 3 has members who have done so...

## Why not you?

# views

## Cultivating Leaders

Cultivating Leaders is a new club in the East Valley that focuses on developing leadership skills. Our members understand the importance of being a strong leader.

Every week, during TableTopics™, one member presents a leadership situation and asks targeted questions to the club members to elicit advice and suggestions. That member will make a speech the following week on how the answers received during TableTopics™ affected them.

We have had some great conversations the last few weeks. Our members have gone from barely talking to the green to barely stopping at the red!

We welcome all club and district Toastmasters Leaders as well as community leaders to join us every Thursday at 6:30pm..

Cultivating Leaders meets at 5000 W. Chandler Road at the Intel Building at the C5/6 lobby. Please come out and help us grow and develop the club! Contact Vicki Picciuolo at vpicciuolo@cox.net for more information.

# News Releases

## Canadian entrepreneur named Toastmasters International President

### Jim Kokocki becomes leader of global educational organization

RANCHO SANTA MARGARITA, Calif., Aug. 26, 2015 /PRNewswire/ -- Jim Kokocki of Saint John, New Brunswick, Canada, is the new International President of Toastmasters International, the world's leading organization devoted to communication and leadership skills development. Kokocki assumed the one-year term during the organization's 84th annual International Convention, held Aug. 12-15 in Las Vegas, Nevada.

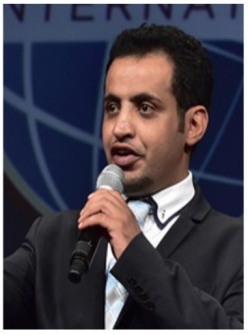
Kokocki is an entrepreneur and business consultant residing in Saint John, New Brunswick, Canada. As a volunteer, he is a member of the board at L'Arche Saint John, part of a worldwide network of communities for people with intellectual disabilities. He also serves as Director of Business Development for Mudge Engineering Associates. Kokocki previously worked at telecommunications provider Bell Aliant and its related companies for 30 years. He recently completed a master's degree in business administration at the University of New Brunswick, Saint John.

Kokocki has also worked with other volunteer organizations, including the Saint John Board of Trade where he served as co-chair of its Business Education Committee. For other organizations, he delivers presentations on leadership, protecting self-esteem, managing conflict, business modeling, and public relations and marketing.

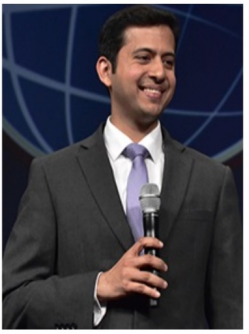
**For more information, see TOASTMASTERS.ORG**

# International Spotlight

## 2015 World Championship of Public Speaking Winners



Congratulations to Mohammed Qahtani of Dhahran, Saudi Arabia, District 79, on becoming the 2015 World Champion of Public Speaking for his speech, "*The Power of Words.*"



Congratulations to **Aditya Maheswaran** of Mumbai, India, District 41, on finishing in second place for his speech, "*Scratch.*""

Congratulations to **Manoj Vasudevan** of Singapore, District 80, on finishing in third place for his speech, "*We Can Fix It.*"

**7 Presentation Tips From the World's Best Public Speaker**

1. Speak to your audience on a personal level.
2. Tell yourself that you are better than your audience.
3. Determine your takeaway message and make it relevant throughout.
4. Play to your strengths.
5. Find a balance of emotions.
6. Practice as much as possible in front of an honest audience.
7. Visualize rather than memorize your speech.

For more on Mohammed Qahtani, including his winning speech and this article in its entirety, visit: http://www.businessinsider.com/toastmasters-champion-explains-how-to-beat-stage-fright-2015-9

**The Next International Speech Contest will be in the Spring– just 6 months away. Stay tuned for actual dates, which will be posted on AZTOASTMASTERS.ORG as dates approach.**

WHERE LEADERS ARE MADE
www.toastmasters.org

**DISTRICT 3 TOASTMASTERS**
P.O. BOX 61114
PHOENIX, AZ 85082-1114
*AZTOASTMASTERS.ORG*

NON PROFIT ORG
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PHOENIX AZ
PERMIT #1809

**Contest inside:** *Find Grandpa T's Word of the Quarter*
You've heard of Word of the Day—we're introducing Word of the Quarter — this quarter it is… **Supercalifragilisticexpialidocious**—a truly appropriate word—use it next time you are called upon for Table Topics—the first person to email the PRN with the location will win a free ad for their Club in the next Roadrunner!! Email: **PRM@AZtoastmasters.org** with the location.

*Your Roadrunner Newsletter brought to you by:*
Joe Paulsen, Public Relations Manager
Julie Jennings, D3 Roadrunner Editor, Club Extension Chair
Vicki Picciuolo, D3 Roadrunner Assistant Editor
...and many more...