



District 3 Roadrunner



District 3 Newsletter

March 2013

Inside this issue

Are you ready for Spring Conference?

See the movie "Speak"! Details inside

Spring Conference proxy form included

Groom your club for success

Get those dues in before April 1st, achieve your DCP goals and take advantage of membership campaigns!

Broaden your leadership experience

Serve as a club officer, district leader or committee member.

Members Spotlight

Movers and Shakers of District 3 share their success stories in the organization and in the community!

District 3 is full of incentives

Gift certificates went from \$25 to \$50! There are many opportunities for rewards and recognition!

Editorial Staff

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Dominick Clark, DTM

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Prince Leftridge, II, DTM



The 2013 Spring Conference at the Arizona Golf Resort is the place to be May 3rd thru 5th. As a member of District 3, be prepared to reach the high note as we "**Let the Music Play**" with a wide variety of fun, a plethora of educational opportunities, chances to meet the 2013-2014 candidates and the opportunity to participate in the District Business Meeting. Friday night, immediately after the welcome reception and banquet, we will honor the

newest inductees into the Hall of Fame with our Distinguished Toastmasters Ceremony, followed by our exciting Table Topics Contest! The Conference Team is also busy planning another exciting Friday Fun Night activity that is sure to be a hit. Saturday will be a musical extravaganza starting with our jazzy keynote speaker, 2012-2014 International Director Don Griffith, and educational sessions that are sure to strike a chord with everyone.

The Hall of Fame Disco luncheon will be a favorite on the hit parade. In the afternoon, number one on the musical charts will be the business meeting where we will vote for new district leaders. Saturday night we will be inspired with the International Speech Contest while on Sunday we will learn what kind of drum we march to at the Leadership Breakfast. Your club can be the leader of the pack with club pride. You can pick that special basket in the raffle room, or win big with our 50/50 hat raffle. Whether you're a new Toastmaster or oldie but goodie, Spring Conference is guaranteed to have something to please your musical palette!

Jeannie Enders, DTM
2013 Spring Conference Chair

An Incentive for You!

The biggest reward in bringing in a new Toastmaster is knowing you have been a part of someone's growth and increased opportunities. To encourage and acknowledge your contributions in the growth of Toastmasters, we have many campaigns and incentives for each of you. The "**Talk Up Toastmasters**" membership contest means that clubs can earn a **\$50 gift certificate** from the TI store by adding 5 members to their club! Remember, the 5 members can be new, dual or reinstated members. The club will also receive from TI a "Talk Up Toastmasters" ribbon and a 10% discount at the TI store. **Ending soon on March 31!** Transfer and charter members don't count towards the five additional members.

Network with us!

On Facebook search for District 3 Toastmasters
Or Tweet on Twitter @d3_toastmasters





Marcia Roberts, DTM **District 3 Governor 2012-13**

Classical or bebop, jazz or rock, country or rap, music makes the world go round. It communicates to the head and heart. In order to succeed, musicians need to practice, practice, practice. I loved music as a kid, but hated to practice. Sometimes it was boring, and sometimes it was frustrating - especially when the music was beyond my skills. Fear of playing badly in front of an audience left me with two choices: quit playing music or learn how to practice. Good friends and mentors kept me on track. I hope you're continuing on track to become a better leader and public speaker. Now is the time to push your growth and complete your educational goals. Let your voice ring with confidence, sharing the sound of success with your audience. The Spring conference theme is Let the Music Play. We hope you'll join us at conference in Mesa. Conference is also the place to select next year's leaders. Make sure to meet all the candidates, listen to their messages, and choose the district officers who will lead our organization to new and better successes!

Every band and orchestra has its leaders. Step forward to lead in your club and your district. Becoming a club officer is simple: volunteer to serve your club, attend club officer training, and coordinate with your club team to lead. Become an Area Governor: download a nomination form from www.aztoastmasters.org, submit the completed form, attend Area Governor training, coordinate with the district officers team to lead. Orchestrate your success by planning now to serve. Whether you're the novice or the master, there's a place to grow with the Toastmasters success plan. Strive to improve every week so that on June 30, you can take to the stage for your triumphant bow of success. Then start the year over, for greater achievements.

Tim Smith, DTM **Lt. Governor of Education & Training 2012-13**

Make your own kind of music in Mesa at the District 3 Spring Conference, May 3-5. Let The Music Play and have a great time! Attend educational sessions, celebrate your educational achievements, show off your DTM medal, cheer for the Table Topics and the International Speech contest participants, and perform your heart out at Friday Fun Night's Gong Show. Presidents and Vice Presidents of Education are encouraged to attend the FREE business meeting and cast their vote for the candidates and on issues affecting the district. If you completed an educational award between October 26, 2012 and April 18, 2013 you will be honored at the Hall of Fame Luncheon on Saturday, May 4. Be sure to complete your educational goals in time to receive your recognition. New DTM recipients will be honored on Friday evening - remember to bring all your friends and family for this memorable moment. Education presenters and volunteers are needed for the conference. We will be making selections soon.



If someone is interested in volunteering to help, please have them contact Jeannie Enders at conference@aztoastmasters.org. Jeannie is looking for a host of volunteers. If you have a talent you want to share, a challenge you want to try, or just want to help because you're that kind of person, contact Jeannie. Come for the weekend and enjoy the beautiful spring weather at the Arizona Golf Resort, 425 S. Power Road in Mesa, Arizona. You can reserve a room by calling 480-832-3202. Special hotel rates (\$89) are good through April 29, 2013. Tell the hotel that you are with Toastmasters when you make your reservation to get the special rate. Make your reservations NOW! Register now while there's still room. Online registration is open at www.aztoastmasters.org. The Early Bird Conference Package is \$125 and includes all meals, education sessions, contests, and business meeting. This discount is good until April 15th. We also have other registration options that will suit every budget. More information and volunteer opportunities will be appearing online at www.aztoastmasters.org. Check in frequently so you don't miss a thing.



Hallie Adams, DTM Lt. Governor of Marketing 2012-13

Are you enjoying your Toastmaster experience? Share your excitement with your friends, coworkers and family. Let them know the reason you received your last promotion was due to the presentation skills you learned at Toastmasters. Tell them the many ways Toastmasters has benefited you in every day life. Discuss with your friends Toastmasters Leadership track and the importance of time management. Let them know how you became a better leader, a better communicator and a much better listener. Oh, did you mention to your friends the many membership campaigns we sponsor and the rewards received? Of course, you told them about our speech contests and the excitement surrounding them. I am sure you have mentioned the goals we set for ourselves and how to achieve them. Don't forget to tell them about the fun you had at the last Fall Conference. Did you have to mention your better speaking skills or did they just notice the difference? Give your friends the opportunity to experience the Toastmasters learning and training opportunities this year. We have almost four months before this Toastmaster year ends. In order to achieve our goals in membership, I encourage all Toastmasters to invite a guest to your Toastmaster meeting and share the experience with them. Toastmasters is all about continuous growth for the individual.



Malcolm High, ACB, ALB District 3 Dues Renewal Chair 2012-13

DCP goal #10 is probably the easiest goal to achieve – submit one Membership Dues Renewal report and one Club Officer List on time, so don't miss this opportunity to obtain DCP credit. The deadline for submitting member dues renewals will be **Monday, April 1st**, so make sure you have that date circled on your calendar. To achieve the goal, clubs will need to submit a minimum of 6 member renewals by that date. Of course you are encouraged to submit as many as possible, as early as possible. It is never too early to start the member dues renewal process. Before you know it April 1st will be upon you, so get the ball rolling now! Send out notices to your club members reminding them to renew promptly, as it will make the process a lot easier. World Headquarters started accepting online renewals/payments through Club Central back on March 4th. The online process is very easy, so take advantage of it. For newly chartered clubs the first renewal payment cycle can be a little more involved. Check with your Club Sponsor/Mentor or Area Governor for details, or contact me directly.

Please email me with your dues renewal questions, thanks!
dues@aztoastmasters.org.

More Bang for Your Buck! Top 10 Reasons to Renew Your Toastmasters Membership Today! By Liz Shaw, DTM

1. Become a better listener
2. Learn how to make every word count
3. Develop critical thinking skills
4. Learn something new at every meeting
5. Become more interesting and attract new friends
6. Improve your ability to provide feedback
7. Improve your job interviewing skills
8. Learn the skills needed to qualify for a promotion
9. Improve your networking skills
10. Overcome shyness & low self-confidence without expensive counseling



Liz Shaw
Membership Committee

Email: membership@aztoastmasters.org



Steve Broe, DTM A Breakthrough Moment in my Career

I stepped up to the microphone. A panel of eight public officials heard me present my Charter School proposal. The mood was serious and intense. A crowded room was at my back, and my words were recorded on camera. I worked for eight months putting together a business proposal. I did my research; I spoke to financial experts. I prepared 12 thick binders that explained my concept. Then, I was called before a public meeting at the state Board of Education; facing a panel of public officials who had the power to grant me a contract to operate a charter school system in the state. I could have been intimidated when I stepped up to the public microphone. I was aware that I had to get my point across quickly and I couldn't afford to stumble. The public attitude was critical and serious.

I will never forget that day in April 1996. I made a short presentation and then answered questions as if they were table topics. I heard critical questions; I heard supportive questions. One by one, I told my story about the school system I plan to start. Toastmasters had prepared me well. I answered the Board of Education on all points of concern. At the end, my proposal was accepted; the state Board of Education voted to sign a contract with my new organization *American Grade Schools*. This moment launched my career in education management. I joyfully celebrated with my family! Toastmasters can change your life too, just as it changed mine. Volunteer for all aspects of your club, including leadership opportunities when they come up. Our educational program gives us a platform for trying out new behaviors and testing our personal effectiveness. Let others know, "I can do that!" and you will feel your skills and confidence soar!

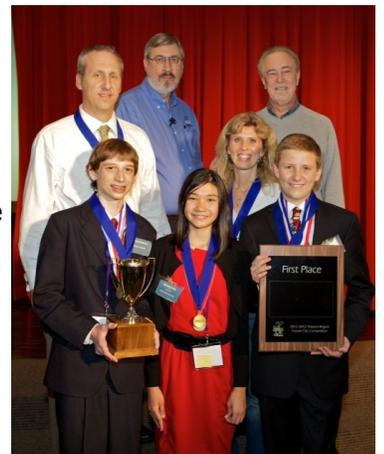


Samantha Hernandez, CL West Toast of the Town

When Toastmasters first caught my attention I was bit apprehensive about joining a club. I'm currently attending Arizona State University as a Communications Major. You would think with all the speeches I have written and given, I would be considered a pro! But think again! Toastmasters was able to take away my nervousness in all aspects of life. Once I got to know what Toastmasters was all about, it literally swept me off my feet! I was and am excited to show my friends, family and colleagues the great opportunity Toastmasters has given me. Being a Toastmaster has allowed me to speak with confidence at work with new clients, at school with students and professors and at networking events. Toastmasters allowed me to bring out the competitive leadership qualities I had within me. I have enjoyed every obstacle, and I look forward to attending meetings and learning something new from my club. I give my club 100% and believe me, members see that! I always tell my club that **Toastmasters is what you make of it**. I have made of it a life-changing experience for the best! I look forward to growing within Toastmasters!

Mike Di Cerbo, DTM, PDG Veritas Home Schooled students

Jesse Friedman, Rachel Fisher and Timothy Graunke (front row, pictured left to right) are graduates of the Toastmaster Youth Leadership Program. Backed by a mentor and a technical advisor they formed the Bahal Future City Team. Patan, India is a city located on the banks of the Ganges River. Patan's atmosphere and water are severely polluted. Bahal Team's objective is to restructure Patan's infrastructure and rebuild those facilities necessary to provide a non-polluted atmosphere as well as clear, clean water. Bahal is Patan transformed into a modern city, 50 years hence and renamed Bahal. Jesse, Rachel and Timothy won the Arizona Regional Future City competition, they then competed in the National Future City Competition in Washington, D.C. and won second place! We were always sure that they would "bring home the bacon"!





Kristin Gramando, DTM Carpe Diem Toastmasters

Except for the six sets of metal gates that clanged open and shut as I entered, except for the fact that all the members of the club were men, except that they all wore the same tan colored uniform, the Carpe Diem Toastmasters club was not only “just another Toastmasters Club” - it surpassed my expectations! They'll celebrate their third anniversary on April 7th at the Saguaro Correctional Center in Eloy, Arizona. There are 24 members allowed in the club and there is a waiting list of 8 more. While attending a club meeting, I noticed that the members were respectful, courteous; they laughed and were silent when not speaking. As expected, the Sergeant at Arms started the meeting by reading the agenda for the day. There are always four speakers on the agenda, with the fourth being in the “Hot Seat”, meaning a backup speaker. The President warmly welcomed both me and Neil Patel, P5 Area Governor. The speakers spoke from various manuals with speech titles like “Sell a Product” and “Listen and Think with Clarity”.

After Table Topics, which were based on current events, state and federal topics, and were suggested as practice for when they go before the parole board, the general evaluator led his portion of the meeting. After this, the President again presided. When asked if the guests had any comments, I assured them that they were running their meeting just like any other club would, and probably even more with their attention to detail! They had already earned eight DCP goals! Another guest, the former facilitator of the club, told them that in three years of the club's existence, no inmate who was ever a Toastmaster had returned to prison. The President then asked the members if they had any questions for us. One question was if members in other clubs dressed like they do in the Toastmaster brochures and magazines. I quickly assured them, they rarely wear suits, much less ties. Several shook our hands and thanked us for coming. Before the meeting ended, the President had said that his Christmas present would be for us to come back. I told them I would definitely be back and would bring other Toastmasters. They meet on Sundays. If anyone wants to visit, **please contact me** to see how you, too, can attend. You would need to be there by 8:00 am and would be able to leave by 10:30 am. The only thing different from any other Toastmaster club - they didn't ask their guests to join.

Kristin Gramando
520-705-0910
Kristin@azci.net

Carmen Uria, CL Applying Learned Skills to your Life

Toastmasters is about dedication and discipline in my opinion. You have to be willing to put in the work and effort that it takes. I am a goal getter and I set high goals for myself. Toastmasters is just another one of my goals. Toastmasters has taught me that I need to put all of my effort into it so that I can extract all of the perks that it has to offer. When I first stood in front of Toastmaster audiences, my nervousness went from 0 to 60 in one second! Each time I go the nervousness goes down. I have given many presentations at my job and I am confident to speak freely. Many times at meetings I had a question but I would be too shy to ask, but not anymore! I find every occasion that I have to speak to an audience an opportunity to advance in my Toastmasters leadership. Toastmasters is everywhere; it's when you're at the grocery store and can't find an item, it's at the doctors office when you are trying to articulate yourself, it's at a company mixer when you are networking, and it's even at a family reunion when you have to talk to the cousin you've never met. It can help you in all aspects of your life. Those examples that I just mentioned have all happened to me. I no longer feel nervous but I feel empowered to speak my mind and speak better to people, so much that it is noticeable to others. I am very happy that I took that next step in my life and joined a group that has helped me in all aspects of my life.



COME JOIN DISTRICT 3 TOASTMASTERS FOR A SPECIAL SCREENING OF

SPEAK

ABOUT SPEAK, THE MOVIE

SPEAK is a documentary film that follows six characters as they overcome life's hurdles while participating in the largest public speaking contest in the world, Toastmasters International World Championship of Public Speaking. Funny, inspiring, and moving, SPEAK tells a story about hope, perseverance, and transformation -- a story everyone can relate. This screening is part of the SPEAK INTERNATIONAL FILM TOUR, which launched in January 2012.

Run-time: 1 hour and 29 minutes | www.speakthemovie.com | www.facebook.com/speakthefilm

Limited Tickets Available
Order Today!

SCREENING DETAILS

WEDNESDAY, APRIL 10, 2013

Doors open at 6:30 pm • Movie starts at 7:00 pm

Pollack Tempe Cinemas: 1825 E Elliot Rd, Tempe, AZ 85284 (Elliot Rd & McClintock Dr)

Tickets: \$4 per person for pre-purchased ticket | \$6 per tickets day of the show

To pre-purchase tickets go to www.aztoastmasters.org

or for more information, call Carol Polcyn at 480.703.3265 or email at carol.polcyn@earthlink.net

Sponsored by
District 3 Toastmasters

ABOUT THE DIRECTORS

Paul Galichia, a native of Wichita, KS, graduated from Stanford University in 1996 and later attended the Peter Stark Producing Program at USC. Since founding Tumbleweed Entertainment in 2006 with partner and co-director of SPEAK, Brian Weidling, Paul has produced numerous documentaries including The Goal, about the United States World Cup Soccer team, and a short documentary about the We Advance clinic in Haiti, with acclaimed actress and activist, Maria Bello.

Brian Weidling, a native of Hillsborough, NJ attended Emerson College in Boston, MA, where he began his filmmaking career with a student award-winning documentary called 13 Seconds, about the 1970 Kent State shootings. Brian produced and directed The Goal (narrated by Robert Duvall), about US Soccer Captain Claudio Reyna's journey to the World Cup in 2002. He is currently finishing the documentary A Symphony of Hope: The Haiti Project.

Weidling and Galichia are currently in preproduction for The Forgotten Voices, a documentary about a public speaking contest at the Louisiana State Penitentiary at Angola filmed in 2012.



District 3 Toastmasters

2013 Spring Conference

Friday, Saturday, & Sunday
May 3 - 5, 2013

Arizona Golf Resort

425 S Power Rd
Mesa, AZ 85206
480.832.3202

Special Hotel Rates of:

Room: \$89.00/night*
Suite: \$109.00/night*

*room rates good through 4/29/13 only

Announcing Keynote Speaker:

Don Griffith, DTM
2012-2014
International Director

Early Bird Registration

All full conference
packages paid by
April 15th

are only \$125!

More Incentives



"1+1 Campaign" District 3 has added +3 for a monthly drawing for a \$50 gift certificate to the TI store for the District 3 member that sponsors one or more new members and enters them on the TI 1+1 Campaign website. Also, a \$100 TI gift certificate to the top 5 growth clubs for this club year!



The "Silver and Gold" membership campaign is all about retention and growth. Enhance your clubs by bringing in new members with new ideas and enthusiasm. Keep your existing members by introducing new programs for continued learning and development. WIN a \$25 or \$50 gift certificate for the TI store. "Bragging Rights" gives your club the opportunity to brag about your club's members and their Toastmasters' experiences!

Spring Conference Agenda

ALL TIMES SUBJECT TO CHANGE

FRIDAY NIGHT, May 3, 2013

5:00 pm Registration and Credentials Desk Open
5:30 pm Reception
7:00 pm Banquet, DTM Ceremony & Table Topics Contest

SATURDAY, May 4, 2013

7:00 am Registration and Credentials Desk Open
8:00 am Opening Ceremonies, Keynote
10:00 am Educational Breakout Sessions
12:00 pm Hall of Fame Luncheon & C&L Award Presentation
3:00 pm District Council Meeting
5:00 pm D3 Reception
6:00 pm Banquet, First Timers' and Ambassadors' Awards, International Speech Contest & 50/50 Hat Raffle

SUNDAY, May 5, 2013

8:30 am Leadership Breakfast & Hot Ticket Auction

Conference schedule subject to change



Spring 2013 C&L Recipient

David Beyda, MD

By Roy Schott, DTM

Dr. David Beyda was chosen by the C&L committee as the Spring 2013 recipient of the Communications and Leadership Award. District 3 Toastmasters gives this award semi-annually to non-Toastmasters who excel in community service. Dr. Beyda has served our community in many ways for the last 31 years. Currently he is a pediatric critical care specialist at Phoenix Children's Hospital, additionally he is the Medical Director for Mission of Mercy which cares for over 40,000 underprivileged children in 22 countries, and finally he is a Professor of Pediatrics, Director of the Ethics and Humanism Theme, as well as the Director of Global Health for the University of Arizona College of Medicine - Phoenix. In the past 7 years, since assuming the directorship of Mission of Mercy, Dr. Beyda has been on over 40 trips to 15 different countries. He began working with third world countries at the age of 15, and at age 27, when still in his pediatric residency, he experienced his first formal medical mission. All Toastmasters are invited to share in the award festivities and hear Dr. Beyda's story by attending the Communications and Leadership Awards Luncheon on Saturday, May 4, at Spring Conference at the Arizona Golf Resort.



Stand Up For Kids (SUFK) Anna Schmidt (L) & Jacquelyn Burns (R)

Jacquelyn: I volunteered at Stand Up For Kids (SUFK) in 2010. Stand Up For Kids is a 501(c)3 not-for-profit organization that helps homeless and at risk youth. As I have grown up with SUFK, I realize how much being a Toastmaster has helped me. In 2011, I spoke to a small book club about SUFK which resulted in a generous donation of Christmas gifts for the youth. This same book club donated again (without being asked) to the youth for Christmas this year. Anna Schmidt and her spouse, Dean Palmer, came on board at SUFK this past Summer and have taken over Sundays at the house. Not only do they prepare the food but they supply it. Anna is the Tonto Area 6 Governor and on a visit to Epicurean, the scheduled speaker cancelled. Anna asked me to give a speech about SUFK. At the end of the speech, Dave Probst passed a dessert plate and thanks to the generous Epicureans, collected \$302 in donations right there on the spot! Other Toastmasters who have contributed to Stand Up For Kids are Connie Weiss, Patsy Williams, Tawn Weeks, Prince Leftridge II and his lovely wife Martha Brock-Leftridge.

Anna: As a Charter Member of US Toastmasters, I have seen Jacquelyn grow as a speaker and leader in Toastmasters. I heard Jacquelyn speak many times about her time at SUFK and this past July I decided to drop by the house in downtown Phoenix which serves as a drop-in shelter on the weekends. One look around at the drop-in shelter (known as "Our House") and I saw what this organization does to help so many with minimal resources, and I was hooked. I volunteered to be at the house on Sunday afternoon (baby steps) to help prepare a meal and share time with the youth. Within a month, my husband, Dean Palmer, and I were taking the lead position on Sundays and recently Dean has become the lead for the Phoenix outreach program on Thursday evenings. Toastmasters provides many opportunities to learn leadership skills, organization skills and of course, the skill to speak to anyone on a short notice. As a club officer and an Area Governor, I have developed the skills to now serve not only my District but also my community!

**Marcia Roberts, District Governor
District 3 Arizona Toastmasters
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Phoenix, AZ 85082-1114**

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TOASTMASTERS INTERNATIONAL

District 3 Toastmasters
Club Credential & Proxy Certificate



District Council Meeting Spring 2013
Arizona Golf Resort – Mesa, Arizona

At the district council business meeting, each club president and vice president education in attendance is entitled to one vote. However, if either or both officers cannot attend, they may designate, in writing, any other active member of their club to act as proxy or proxies for their club. (Use form below.) No other proxies are valid at this meeting – per Article X, Paragraph (d) of the District Administrative Bylaws.

In the event one of these officers does not attend the meeting and has not designated, in writing, an active member of the club to act as his or her proxy, the officer or proxy holder in attendance is deemed to hold the proxy of the other, and may therefore cast two votes at the meeting. This assures that every club is represented by two votes.

In addition, each district officer, including area governors, in attendance is entitled to one vote. Only district executive committee members carrying either credential or proxy certificates from their club are allowed three votes. All other members are limited to a maximum of two votes each.

Credentials Certificate for May 4, 2013

There is no charge to attend the District Council Meeting
Credentials Desk will close promptly at 2:30 PM to prepare for the Business Meeting
[Certificate Must be submitted to Credentials Desk to obtain ballot(s)]

1. Club name (print) _____ Club No. _____
2. Your name (print) _____
3. You Officer Position President Vice President
4. IF YOU CANNOT ATTEND IN PERSON, DESIGNATE YOUR POLICY HOLDER

I (we) hereby authorize _____, a member in good standing of Toastmasters
Club Number _____ to cast my (our) vote(s) at the District 3 Council Meeting on Saturday, May 4 2013 in
Mesa Arizona.

Signature: _____ Date: _____, 2013

Note: Reproduction of this unsigned form is acceptable; reproduction of signatures is not.